



Unicorn Session –Group Readiness

GOAL

Adults and girls assess their group and personal readiness for a weekend event that involves outdoor living.

MATERIALS AND RESOURCES

- Print [Girl Self-Assessment](#) for each girl.
- Pencils or Pens

FACILITATION OF UNICORN SESSION

Core Activity Est.30 min.	<ul style="list-style-type: none">▪ Complete the Girl Self-Assessment.▪ Review Readiness Tips and Ideas.▪ Identify areas to be worked on during the year to be better prepare based on your group and individual girl responses.
Extra Activities	<ul style="list-style-type: none">▪ Hold a Jubilation Readiness Planning Day to work on readiness activities identified in your assessment.
Advanced Activities	<ul style="list-style-type: none">▪ Host a Jubilation Readiness Planning Day for younger groups.▪ Create a new Readiness Game to teach a younger group.

UNICORN SESSION NOTES:

Group/Leader Travel Readiness Assessment

Instructions: Read and rate your readiness from 1 (no experience) to 10 (complete competence) in the first column and date it. Use the readiness tips as needed to increase your group's readiness in your low-rated areas. Re-evaluate before the trip and celebrate your progress and focus on any remaining low-rated areas.

For the Group

Evaluate your Groups Readiness	Date: Rate 1-10	Date: Rate 1-10
<input type="checkbox"/> Have the girls successfully planned and carried out several weekend camping or other types of trips or sleepovers?		
<input type="checkbox"/> Can they work together as a team to perform daily living tasks?		
<input type="checkbox"/> Are they committed to the trip?		
<input type="checkbox"/> Are they committed to the trip and do they have the time for trip planning and preparation?		
<input type="checkbox"/> Can they resolve problems that arise within the group?		

For the Leaders/Adults

Evaluate the Leaders/Adults Readiness	Date: Rate 1-10	Date: Rate 1-10
<input type="checkbox"/> Can they plan progressive experiences to enhance group readiness?		
<input type="checkbox"/> Are they able to supervise and manage the group?		

Evaluate Girl Readiness

Evaluate the individual girls readiness	Date: Rate 1-10	Date: Rate 1-10
<input type="checkbox"/> Does the girl want to go and is she not afraid to be away from home or family for an extended period of time?		
<input type="checkbox"/> Can she cope with unknown or new situations?		
<input type="checkbox"/> Can she manage with little or no privacy?		
<input type="checkbox"/> Does she not always have to have her own way, and is she able to give in graciously?		
<input type="checkbox"/> Can she follow a daily schedule?		
<input type="checkbox"/> Can she pack and manage her personal gear and group gear?		
<input type="checkbox"/> Does she follow basic rules consistently without argument, such as using the buddy system, not straying from the group, not talking to strangers, wearing a group uniform for travel, etc.?		

For the Parents

Evaluate your parents' readiness	Date: Rate 1-10	Date: Rate 1-10
<input type="checkbox"/> Do the parents have trust in your ability to take their child on an overnight camping trip?		
<input type="checkbox"/> Are they willing to assist in locating equipment for the trip?		

Overall Readiness

Evaluate your overall readiness	Date: Rate 1-10	Date: Rate 1-10
<input type="checkbox"/> Overall – how confident are you in your readiness.		

Individual Girl Self-Assessment

Print copy for each girl

Directions: Draw a line from the sentence to the area that best fits your experience level

<p>I'm an expert</p>	<p>I've done it a couple times</p>
<p>I love Camping I am comfortable being away from home and family I know what the Buddy System is I have helped set a tent up I am comfortable sleeping in a tent I can pack my own bag and follow a packing list I can roll my own sleeping bag I am comfortable changing clothes in a tent I love to try new foods</p>	
<p>I'm willing to try or learn</p>	<p>I have no experience</p>

Travel Readiness Tips

Getting the group ready is not always easy. Below are some ideas and suggestions for areas that you rated low on your groups Travel Readiness Assessment. This is not an exhaustive list, so think up additional ways to work on your group's readiness and talk to other leaders about what they do that works well.

For the Group

Have the girls successfully planned and carried out several weekend camping or other types of trips or sleepovers?

- Have a sleepover at your house.
- Have a backyard sleepover.
- Take an overnight camping trip.
- Plan a test menu, create a packing list and equipment list.

Can they work together as a team to perform daily living tasks?

- Discuss a Kaper chart and what daily living tasks they have at home. How do they differ when camping?
- Do they need to be reminded to brush their hair or teeth?

Are they committed to the trip and do they have the time for trip planning and preparation?

- If the group is committed to the trip, you will have more involvement in the planning and preparation. The group will take ownership in the success of the trip.

Are they willing to earn the money needed for the trip?

- Cookie sales are a great way to earn Cookie Bonuses to apply toward the event fee. Make it a goal of the girls and plan on telling your customers where you are going with the money earned.

Can they resolve problems that arise within the group?

- In group meetings, work to resolve sample problems within the group. Discuss the importance of working together to solve issues as they arise.
- Try role-playing.

For the Leaders

Can they plan progressive experiences to enhance group readiness?

- Plan one of the activities to enhance group readiness? Planning a sleepover, planning to attend a big event, practice packing, putting up a tent, cooking and cleaning, etc.

Are they able to supervise and manage the group?

- Have the adults work with the girls in a supervisory capacity.
- Develop activity instructions.
- Review ways to handle behavior issues.
- If you had to step back in an emergency, could the other leaders assume your roll with the group?

For the Girls

Does the girl want to go and is she not afraid to be away from home or family for an extended period of time?

- Discuss previous experience with the girls. Know their comfort level away from home.
- Plan a sleepover, overnight trip to evaluate the girl's readiness.
- Is she willing to separate from her best friends or parent to participate in group or individual activities?
- Plan activities where you must change partners so that everyone has a chance to work together and rotate buddy system partners.

Can she cope with unknown or new situations?

- Will more attention be needed for specific individuals during changes or stressful times? Discuss with the other adults the situations that may arise with individual girls and how they will be handled within the group.

Can she manage with little or no privacy?

- Discuss how to dress in a sleeping bag or other private techniques.

Does she not always have to have her own way, and is she able to give in graciously?

- Work in the group setting to ensure fairness in decision making. Work on how to compromise in situations or working to find fair ways to resolve issues.

Can she follow a daily schedule?

- Can she get up when requested, does she need to be up earlier to ensure she has time to get ready for the day's events.

Can she pack and manage her personal gear and group gear?

- Give out a short list of items to bring from a list to the next meeting?
 - Hairbrush, pair of socks, pillow, snack. Did they remember to bring all the items on the list? Did she remember to gather them and take them all home?

Does she follow basic rules consistently without argument, such as using the Buddy-System, not straying from the group, not talking to strangers?

- This is a safety issue and must be addressed with every girl.

For the Parents

Do the parents have trust in your ability to take their child on an overnight camping trip?

- Hold a parent information meeting.
- Be open with parents about your ability and experience and where you will need their support.
- Explain to them the training you are required to take prior to this trip and the expectations you have.

Are they willing to assist in locating equipment for the trip?

- Discuss the items your group will need to attend. Do parents have equipment that can be borrowed?