



Dragon Session – Staying Safe

GOAL

Adults and girls review all of the safety considerations for a weekend event, including the buddy system, adult supervision ratio, transportation, etc.

MATERIALS AND RESOURCES

- Prior to this session take the opportunity to review Safety-Wise. Find the latest [Safety Guidelines](#).
- Safety includes having at least one adult in your group complete the Planning Overnight Trips with Girls training (Course #401) and at least one adult in your group currently certified in CPR/FA. *Ensure these have been completed prior to final group registration.*

FACILITATION OF DRAGON SESSION

Core Activity Est. 15 min.	<ul style="list-style-type: none">▪ Review Adult/Girl Ratios for camping and travel.▪ Learn about the buddy system and discuss safety when traveling and at the event in the Leader Basics / Volunteer Essentials 2017-2018.▪ Discuss Medication Safety.
Extra Activities	<ul style="list-style-type: none">▪ Role-play some safety situations by creating your own situation cards.▪ Practice using the buddy-system in your group meeting or during an outing.
Advanced Activities	<ul style="list-style-type: none">▪ Write, direct and act out a skit or skits about safety and the buddy system.▪ Create a What If? Game based on situations and share with another group.

DRAGON SESSION NOTES:

What is expected of the leaders?

Every adult in Girl Scouting is responsible for the physical and emotional safety of girls.

What is expected of the Girls?

Every girl in Girl Scouts is responsible to follow rules and guidelines to keep themselves safe. One way is the Buddy System.

Role-play situations that may arise and discuss how to handle them:

- How do you pick buddies? Come up with a fair way to choose your buddy or buddies for Jubilation.
- My buddy does not want to go to the bathroom with me?
- I see a friend that is in another group across the field, but my buddy is still unpacking – Can I go see her really fast?
- I left my sit upon at the camp site – I’m just going to run fast and get it!

What is the Buddy System?

The **buddy system** is a procedure in which two people, the "buddies", operate together as a single unit so that they are able to monitor and help each other.

Medication Safety

- All girls’ medication (unless identified as required to be on their body at all times, such as an epi-pen) must be given to the leader for transportation to the event. If parents have authorized self-administration, medication can be kept by the group leader or the girl at the event. All medications should be listed on the health history.
- Adults can keep their medications with them during the event. Please ensure it is locked and not accessible to girls or other adults. Locked could be a zippered backpack or bag with a pad lock or key lock.
- ALL MEDICATIONS MUST BE IN ORIGINAL CONTAINER WITH THE ORIGINAL LABEL – THIS INCLUDES OVER THE COUNTER MEDICATION. (a baggie with pills will not be allowed or administered)
- Please assure arrangements have been made for self-administered medication requiring refrigeration. Refrigeration will be available at the nurses’ station as well.
- Remember: All medication needs to be kept safe and secure. The leader in charge of the groups’ medications, adults with medications, nursing staff and girls that carry medications will be responsible to keep other participants safe from medication they are in charge of.

Facilitate a discussion:

- What is considered medication? Tylenol (or over the counter), prescriptions, first aid creams?
 - Answer: All over the counter and prescribed medication need to be handled by the leader in charge and kept safe from girls.
- What about my Asthma medication?
 - Some medications must be kept with the girl. Please make sure you and the nurse are aware of the medication being held by either the girl or leader.